



## **FY24 ANNUAL SERVICE & BUDGET PLAN**

**SUBMITTED**

**3/20/2023**

**AMENDED**

**3/18/2024**

**GEOGRAPHIC AREA:** *Audubon, Dallas & Guthrie*

**APPROVED BY GOVERNING BOARD: 3/15/2023**

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## Introduction

HEART OF IOWA Region was formed under Iowa Code Chapter 28E to create a Mental Health and Disability Service (MHDS) Region in compliance with Iowa Code 331.390. The annual service and budget plan are a component of the Management Plan which includes three parts: Annual Service and Budget Plan, Annual Report and Policies and Procedures Manual in compliance with Iowa Administrative Code 441.25.

The FY2023 Annual Service and Budget Plan covers the period of July 1, 2022 to June 30, 2023. The Annual Service and Budget Plan includes local access points, targeted case management providers, crisis services, intensive mental health services, a description of the scope of services to be provided including core services, budget and financial provisions, and provider reimbursement provisions.

Heart of Iowa Community Services (HICS) utilizes a Regional Governing Board made up of a Board of Supervisor member from each of the three counties that make up the region. With the addition of the children’s system to the regions, three new voting members were added to the Governing Board. Those members include an adult relative of a member who utilizes MHDS services, an individual representing the education system, and a parent of a child who utilizes children’s behavioral health services. Two other members are a provider of MHDS services and a Children’s Behavioral Health Service provider. The HICS Region holds Advisory meetings on a quarterly basis.

Description of governing board and advisory boards:

### 1. Regional Governing Board

<b>Member</b>	<b>Representing</b>	<b>Voting Member</b>
Maggie Armstrong	Guthrie County Board of Supervisors	Yes
Brad Golightly	Dallas County Board of Supervisors	Yes
Rick Thompson, Secretary	Audubon County Board of Supervisors	Yes
Clifford Carney, Chair	Adults/Actively Involved Relatives of an Adult who Utilizes Mental Health and Disability Services <i>(designated by the regional adult mental health and disability services advisory committee)</i>	Yes
Larry Loss, Vice Chair	Parents/Actively Involved Relatives of a Child who Utilizes Children’s Behavioral Health Services <i>(designated by the regional children’s behavioral health services advisory committee)</i>	Yes
Lesleyann Christensen	The Regional Education System <i>(designated by the regional children’s behavioral health services advisory committee)</i>	Yes
Laurie Cooley	Regional MHDS Adult Service Providers <i>(designated by the regional adult mental health and disability services advisory committee)</i>	No
Vacant	Regional Children’s Behavioral Health Service Providers <i>(designated by the regional children’s behavioral health services advisory committee)</i>	No

**2. Regional Children’s Advisory Committee**

<b>Member</b>	<b>Representing</b>
Larry Loss	Parents/Actively Involved Relatives of a Child who Utilizes Children’s Behavioral Health Services
Lesleyann Christensen	The Education System
Vacant	Early Childhood Advocates
Deb Schrader	Child Welfare Advocates
Megan Hicks	Children’s Behavioral Health Service Providers
Sharon Martin, JCO	The Juvenile Court System
Dr. Nate Noble	Pediatricians
Alicia Geil	Child Care Providers
Christopher Kickbush	Law Enforcement
Clifford Carney	Regional Governing Board

**3. Regional Adult Advisory Committee**

<b>Member</b>	<b>Representing</b>
Clifford Carney	Parents/Actively Involved Relatives of an Adult who Utilizes Behavioral Health Services
Cindy Peeler	Iowa Hospital Association
Laurie Coolie	Adult Service Provider
Melinda Austin	Adult Service Provider
Jesse Swensen	Law Enforcement
Ron Forsell, Dallas County Attorney	5 <sup>th</sup> Judicial
Ann Cochran	Public Health
Jody Hollar	RN
Brad Golightly	Regional Governing Board

## **A. Local Access Points**

An access point is a part of the Heart of Iowa Region service system trained to complete MHDS regional applications for persons with a disability.

Heart of Iowa Region has designated the following access points for adult mental health and disability services:

<b>Access Point</b>	<b>Address</b>	<b>Phone number</b>
Adel Mental Health	309 S. 7 <sup>th</sup> Street, Suite C, Adel, IA 50003	(515) 993-1919
Heart of Iowa Community Services	318 Leroy Street, Audubon, IA 50025	(515) 494-8588
Audubon County Memorial Hospital	515 Pacific Avenue, Audubon, IA 50025	(712) 563-2611
Audubon County Jail	318 Leroy St. Ste. 4, Audubon, IA 50025	(712) 563-2631
Heart of Iowa Community Services	52747 N Avenue, Suite D, Adel, IA 50003	(515) 993-5869
Dallas County Hospital	610 – 10 <sup>th</sup> Street, Perry, IA 50220	(515) 465-3547
Dallas County Jail	201 Nile Kinnick Dr. N, Adel, IA 50003	(515) 993-5815
Eyerly Ball Community Mental Health Services	1301 Center Street, Des Moines, IA 50139	(515) 243-5181
Zion Behavioral Health Mobile Crisis	706 Cedar Avenue, Woodward, IA	(515) 642-1023
Heart of Iowa Community Services	200 N. 5 <sup>th</sup> Street, Guthrie Center, IA 50115	(515) 494-8588
Guthrie County Hospital	710 N. 12 <sup>th</sup> Street, Guthrie Center, IA 50115	(641) 332-2201
Guthrie County Jail	200 N. 5 <sup>th</sup> Street, Guthrie Center, IA 50115	(641) 747-2214
Safe Harbor Crisis Stabilization Center	706 Cedar Avenue, Woodward, IA 50076	(515) 642-4125
Zion Recovery	309 S. 7 <sup>th</sup> Street, Ste. B, Adel, IA 50003	(515) 993-5243

Heart of Iowa Region has designated the following access points for children’s behavioral health services:

<b>Access Point</b>	<b>Address</b>	<b>Phone number</b>
Adel Mental Health	309 S. 7 <sup>th</sup> Street, Suite C, Adel, IA 50003	(515) 993-1919

Waukee Community School District	500 SE University Ave, Waukee, IA 50263	(515) 987-5161
Audubon County Memorial Hospital	515 Pacific Avenue, Audubon, IA 50025	(712) 563-2611
Audubon Community Schools	318 Leroy St. Ste. 4, Audubon, IA 50025	(712) 563-2631
Heart of Iowa Community Services	52747 N Avenue, Suite D, Adel, IA 50003	(515) 993-5869
Dallas County Hospital	610 – 10 <sup>th</sup> Street, Perry, IA 50220	(515) 465-3547
Heartland AEA	201 Nile Kinnick Dr. N, Adel, IA 50003	(515) 993-5815
Eyerly Ball Community Mental Health Services	1301 Center Street, Des Moines, IA 50139	(515) 243-5181
SW Iowa Mental Health Center	610-10 <sup>th</sup> Street, Perry, IA 50220	(515) 642-1023
Heart of Iowa Community Services	200 N. 5 <sup>th</sup> Street, Guthrie Center, IA 50115	(515) 494-8588
Guthrie County Hospital	710 N. 12 <sup>th</sup> Street, Guthrie Center, IA 50115	(641) 332-2201
ACGC Community Schools	200 N. 5 <sup>th</sup> Street, Guthrie Center, IA 50115	(641) 747-2214
Zion/SWIAMHC Mobile Crisis	706 Cedar Avenue, Woodward, IA 50076	Local Dispatch
West Central Valley School District	309 S. 7 <sup>th</sup> Street, Ste. B, Adel, IA 50003	(515) 993-5243

## **B. Service Coordination and Targeted Case Management**

The following agencies provide service coordination and/or targeted case management for Heart of Iowa Region.

Service Coordination Provider	Adult /Child or Both	Location	Phone number
Heart of Iowa Community Services Service Coordination	Both	Dallas, Audubon, Guthrie	(515) 993-1722
SW IA Mental Health Integrated Health Home	Both	Audubon, Dallas, Guthrie	(515) 642-1023
Eyerly Ball Integrated Health Home	Adult	Dallas	(515) 241-0993
Community Support Advocates Integrated Health Home	Both	Dallas	(515) 883-1776

## C. Crisis Planning

The following accredited crisis services are available to residents of the region for crisis prevention, response and resolution.

### 24 Hour Crisis Response

Provider	Location	Contact Information
Zion Behavioral Health	Woodward, IA	(844) 428-3878

### 24 Hour Crisis Hotline

Provider	Location	Contact Information
988 - Your Life Iowa	Online: <a href="https://yourlifeiowa.org/">https://yourlifeiowa.org/</a>	(855) 581-8111
Safe Harbor Crisis Line	Woodward, Iowa	(844) 428-3878

### Crisis Evaluation

Provider	Adult/Child/Both	Location	Contact Information
Zion Mobile Crisis	Both	Audubon, Dallas, Guthrie	Local Dispatch/911
Safe Harbor	Adult	Woodward, IA	(515) 642-4125

### Mobile Response

Provider	Location	Contact Information
Zion Mobile Crisis (Both Adult & Child)	Audubon, Guthrie, Dallas	Local Dispatch/911

### Crisis Stabilization Community-based Services

Provider	Adult/Child	Location	Contact Information
Zion Behavioral/Safe Harbor(working on Accreditation)	Both	Woodward, IA	(515) 642-4125

### Crisis Stabilization Residential Services

Provider	Adult/Child	Location	Contact Information
Safe Harbor	Adult	Woodward, Iowa	(515) 642-4125
Easter Seals <sup>[AR(1)]</sup>	Child	Des Moines, Iowa	Mobile Crisis
YSS	Child	Ames	(515)233-2330

### 23-Hour Observation

Provider	Location	Contact Information
Safe Harbor <sup>[AR(2)]</sup> – seeking accreditation	Woodward, Iowa	(515) 642-4125

When Heart of Iowa Region needs to utilize a crisis service in another region, HICS acts according to the host region's contract with the crisis provider. Heart of Iowa Region never requires prior authorization for a crisis service.

## **D. Intensive Mental Health Services**

The region has designated the following provider(s) as an **Access Center** that meet the requirements according to IAC 441—25.6(1) in a coordinated manner in one or more locations:

Provider	Location	Contact Information
Safe Harbor	Woodward, Iowa	515-642-4125/844-428-3878
Infinity Health	Osceola, IA	641-342-1742

The region has designated the following **Assertive Community Treatment (ACT)** teams which have been designated and meet the requirements in IAC 441—25.6(2).

Provider	Location	Contact Information
Eyerly Ball	Des Moines, IA	515-241-0982

The region has designated the following **Subacute** service providers which meet the criteria and are licensed by the Department of Inspections and Appeals.

Provider	Location	Contact Information
Infinity Health	Osceola, IA	515-241-0982
Mary Greeley	Ames, IA	515-239-6747

The region has designated the following **Intensive Residential Service** providers which have been designated and meet the requirements in IAC 441—25.6(8):

Provider	Location	Contact Information
HICS is exploring a partnership with another region at this time for adult IRSH.		

## **E. Scope of Services & Budget and Financing Provisions**

The table below identifies the scope of services offered by Heart of Iowa. All core services are available. If there is not funding identified in a core service column, it is because it has not been needed historically. If an individual needs funding for a core service and meets eligibility requirements in section F, page 18, of Heart of Iowa’s Management Plan, funding will be made available. Core services for children’s behavioral health are identified by (\*\*) after the service name. Eligibility guidelines for children’s behavioral health services are located in section F, page 18 of Heart of Iowa’s Management Plan. The Heart of Iowa Management plan be found online at: [hicsiowa.org](http://hicsiowa.org)

The region will utilize braided funding that includes regional, state, and other funding sources to meet the service needs within the region. Federal funding, third-party payors, and other nongovernmental funding is to be used prior to expending state regional service payment dollars.



**Table A. Expenditures (AMENDED 3/18/2024)**

FY 2024 Budget	Heart of Iowa MHDS Region	MI (40)	ID (42)	DD (43)	BI (47)	Admin (44)	Total
<b>Core Domains</b>							
<b>COA</b>	<b>Treatment</b>						
42305	Mental health outpatient therapy **	63,750					63,750
42306	Medication prescribing & management **						0
43301	Assessment, evaluation, and early identification **						0
71319	Mental health inpatient therapy-MHI	20,000					20,000
73319	Mental health inpatient therapy **	35,000					35,000
	<b>Crisis Services</b>						
32322	Personal emergency response system	500	6,000				6,500
44301	Crisis evaluation	170,000					170,000
44302	23-hour crisis observation & holding	500					500
44305	24-hour access to crisis response						0
44307	Mobile response **	550,000					550,000
44312	Crisis Stabilization community-based services **	5,000					5,000
44313	Crisis Stabilization residential services **	430,000					430,000
44379	System building & sustainability - Crisis						0
44396	Access Centers: start-up / sustainability	1,378,372					1,378,372
	<b>Support for Community Living</b>						
32320	Home health aide	200					200
32325	Respite	500	500	2,500			3,500
32328	Home & vehicle modifications						0
32329	Supported community living	133,000	6,500	500	5,000		145,000
42329	Intensive residential services						0
	<b>Support for Employment</b>						
50362	Prevocational services						0
50364	Job development	2,000					2,000
50367	Day habilitation	10,000			15,000		25,000
50368	Supported employment	58,000	20,000				78,000
50369	Group Supported employment-enclave						0
50379	System building & sustainability - IPS & Vocational						0
	<b>Recovery Services</b>						
45323	Family support						0
45366	Peer support						0
	<b>Service Coordination</b>						
21375	Case management						0
24376	Health homes						0
	<b>Sub-Acute Services</b>						
63309	Subacute services-1-5 beds						0
64309	Subacute services-6 and over beds	10,000					10,000
	<b>Core Evidenced Based Treatment</b>						
04422	Education & Training Services - provider competency						0
32379	System building & sustainability - Supported housing						0
32396	Supported housing						0
42398	Assertive community treatment (ACT)						0
45373	Family psychoeducation						0
45379	System building & sustainability - FPE & Recovery Svcs						0
	<b>Core Domains Total</b>	<b>2,866,822</b>	<b>33,000</b>	<b>3,000</b>	<b>20,000</b>		<b>2,922,822</b>
<b>Mandated Services</b>							
46319	Oakdale						0
72319	State resource centers						0
74XXX	Commitment related (except 301)	135,500					135,500
75XXX	Mental health advocate	27,692					27,692
	<b>Mandated Services Total</b>	<b>138,192</b>	<b>0</b>	<b>0</b>	<b>0</b>		<b>163,192</b>
<b>Additional Core Domains</b>							

FY 2024 Budget	Heart of Iowa MHDS Region	MI (40)	ID (42)	DD (43)	BI (47)	Admin (44)	Total
	<b>Justice system-involved services</b>						
25xxx	Coordination services	272,940					272,940
25378	Contracted coordination services						0
44346	24-hour crisis line*						0
44366	Warm line*						0
46305	Mental health services in jails	53,000					53,000
46399	Justice system-involved services-other	31,000					31,000
46422	Crisis prevention training	50,000					50,000
46425	Mental health court related costs						0
74301	Civil commitment prescreening evaluation						0
	<b>Additional Core Evidenced based treatment</b>						
42366	Peer Wellness / Wellness and Recovery Centers						0
42379	System building & sustainability - Non-crisis						0
42397	Psychiatric rehabilitation (IPR)	10,000					10,000
	<b>Additional Core Domains Total</b>	<b>416,940</b>	<b>0</b>	<b>0</b>	<b>0</b>		<b>416,940</b>
<b>Other Informational Services</b>							
03371	Information & referral						0
04372	Planning, consultation &/or early intervention (client related) **						0
04377	Provider Incentive Payment						0
04399	Consultation Other						0
04429	Planning and Management Consultants (non-client related)	15,000					15,000
05373	Public education, prevention and education **	325,000					325,000
	<b>Other Informational Services Total</b>	<b>340,000</b>	<b>0</b>	<b>0</b>	<b>0</b>		<b>340,000</b>
<b>Community Living Supports</b>							
06399	Academic services						0
22XXX	Services management	323,527					323,527
22378	Contracted services management						0
23376	Crisis care coordination						0
23378	Contracted crisis care coordination						0
23399	Crisis care coordination other						0
24399	Health home other						0
31XXX	Transportation	30,000	16,000				46,000
32321	Chore services						0
32326	Guardian/conservator	2,900					2,900
32327	Representative payee	500					500
32335	CDAC	13,500					13,500
32399	Other support	8,000					8,000
33330	Mobile meals				3,500		3,500
33340	Rent payments (time limited)	10,000					10,000
33345	Ongoing rent subsidy						0
33399	Other basic needs	5,000					5,000
41305	Physiological outpatient treatment	500					500
41306	Prescription meds	700					700
41307	In-home nursing	500					500
41308	Health supplies						0
41399	Other physiological treatment						0
42309	Partial hospitalization	100,000					100,000
42310	Transitional living program	155,000					155,000
42363	Day treatment						0
42396	Community support programs	5,000					5,000
42399	Other psychotherapeutic treatment	500					500
43399	Other non-crisis evaluation						0
44304	Emergency care						0
44399	Other crisis services						0
45399	Other family & peer support						0
46306	Psychiatric medications in jail	21,000					21,000

FY 2024 Budget	Heart of Iowa MHDS Region	MI (40)	ID (42)	DD (43)	BI (47)	Admin (44)	Total
50361	Vocational skills training						0
50365	Supported education						0
50399	Other vocational & day services						0
63XXX	RCF 1-5 beds (63314, 63315 & 63316)						0
63XXX	ICF 1-5 beds (63317 & 63318)						0
63329	SCL 1-5 beds						0
63399	Other 1-5 beds						0
	<b>Community Living Supports</b>	<b>676,627</b>	<b>16,000</b>	<b>0</b>	<b>3,500</b>		<b>696,127</b>
<b>Other Congregate Services</b>							
50360	Work services (work activity/sheltered work)						0
64XXX	RCF 6 and over beds (64314, 64315 & 64316)	130,000					130,000
64XXX	ICF 6 and over beds (64317 & 64318)						0
64329	SCL 6 and over beds						0
64399	Other 6 and over beds						0
	<b>Other Congregate Services Total</b>	<b>100,000</b>	<b>0</b>	<b>0</b>	<b>0</b>		<b>100,000</b>
<b>Administration</b>							
11XXX	Direct Administration					549,869	549,869
12XXX	Purchased Administration					229,000	229,000
	<b>Administration Total</b>					<b>778,869</b>	<b>778,869</b>
	<b>Regional Totals</b>	<b>4,593,581</b>	<b>49,000</b>	<b>3,000</b>	<b>23,500</b>	<b>778,869</b>	<b>5,447,950</b>
	<b>(45XX-XXX) County Provided Case Management</b>						0
	<b>(46XX-XXX) County Provided Services</b>						0
	<b>Regional Grand Total</b>						<b>5,447,950</b>

Transfer Numbers (Expenditures should only be counted when final expenditure is made for services/administration. Transfers are eliminated from budget to show true regional finances)

13951	Distribution to MHDS regional fiscal agent from member county						0
14951	MHDS fiscal agent reimbursement to MHDS regional member county						0

\*24-hour crisis line and warm line are transitioning from additional core to state wide services with state funding.

\*\*Core services for children with a serious emotional disturbance (SED)

**Table B. Revenues (AMENDED 3/18/2024)**

FY 2024 Budget	Heart of Iowa MHDS Region		
<b>Revenues</b>			
	<b>Projected Fund Balance as of 6/30/23</b>		<b>1,313,565</b>
	<b>Local/Regional Funds</b>		<b>\$ -</b>
1010	Delinquent Property Tax		
25XX	Other Governmental Revenues		
4XXX-5XXX	Charges for Services		
5310	Client Fees		
60XX	Interest		
6XXX	Use of Money & Property		
8XXX	Miscellaneous		
9040	Other Budgetary Funds (Polk Transfer Only)		
	<b>State Funds</b>		<b>\$ 4,384,914</b>
24XX	State/Federal pass thru Revenue		
2644	State Regional Service Payments	4,384,914	
2643	State Incentive Funds		
	Other		
	<b>Federal Funds</b>		<b>\$ -</b>
2345	Medicaid		
	Other		
	<b>Total Revenues</b>		<b>\$ 4,384,914</b>

<b>Total Funds Available for FY2024</b>	\$	5,698,479
<b>FY24 Actual Regional Expenditures</b>	\$	5,447,950
<b>Accrual Fund Balance as of 6/30/2024</b>	\$	250,529

## G. Financial Forecasting Measures

The following is a description of the financial forecasting measures used by Heart of Iowa Region in the identification of service need and funding necessary for services.

The following is a description of the financial forecasting measures used by Heart of Iowa Community Services Region in the identification of service need and funding necessary for services.

Heart of Iowa Community Services (HICS) Region is home to Dallas County which has posed its own challenges since it is the fastest growing county in the state. From history and census data, we know that the population of our region grows by 3,000-4,000 per year. We serve approximately 400-500 new individuals in mental health and disability services each year. HICS is committed to developing a service system that serves individuals in a multi-occurring trauma informed way that wraps services around our citizens in need, in order to assist in recovery.

HICS is extremely thankful for the new funding mechanism put in place in FY21. While we were able to develop new services prior to that, we were not able to adequately develop a fully functioning system to meet our citizens at every level of crisis.

With the new system of funding, HICS has begun to develop new services and fully realize services already in place. In 2022, HICS was able to begin a partnership with law enforcement in our region to develop a co-responder model imbeds a clinician with a mental health officer to respond to mental health calls. In just the first four months of the pilot project alone with Waukee PD the team has had the following outcomes:

- More than 125 calls for service and follow-up have been responded to.
- Over 25 jail diversions have taken place.
- More than a dozen diversions from local emergency departments have occurred.
- Nearly 50 referrals have been made to local community resources.

As a result of this effort, the law enforcement agencies involved have agreed to having 100% of their departments CIT (Crisis Intervention Training) trained. CIT is the initial step in mental health jail diversion processes. CIT trains first responders how to best identify, de-escalate, and navigate a mental health crisis. De-escalation is the practice of using verbal and nonverbal skills to allow all parties (first responders, mental health professionals and those in need) time to slow down, think through their options and make better decisions that put mental health and safety at the forefront of the situation. In successful mental health jail programs, people in need are less likely to be sent to jail because they are evaluated and connected to services that assist them in moving forward with life.

HICS is now tracking pre-booking jail diversion. We are seeing many good outcomes and will be working with the ICTS team at ISAC to develop tracking in CSN. Because we have the ability to interact with individuals in the onset of psychosis along with greater options for treatment, we are better able to assist individuals toward recovery and divert them from the justice system

As of March 2023, over 260 law enforcement officers in the HICS Region have been trained in CIT. It is anticipated that by October 2023 all current officers in the region will have received the training. SolutionPoint+ has been contracted for the training portion of the project. HICS has utilized SolutionPoint+ since 2020 for Crisis De-escalation training, Law Enforcement Wellness and Resiliency, and CIT training. We are looking forward to a continued partnership.

As stated previously, it is the intent of HICS to develop a fully functioning system within our Region to meet the needs of Adult, children, and families in the mental health and disability system. We feel HICS is in need of a children's crisis stabilization/access center and are in the process of partnering with Zion Behavioral Health to develop a facility to meet the needs of children in the state of Iowa. HICS is aware as we develop quicker ways of getting to children and families in need of assistance, we also need to develop consistent ways of meeting their needs. It is our hope that the facility will be operational by October 2023.

HICS is partnering Ellie Mental Health, a new mental health agency in the West Des Moines area to assist with first responder mental health. This is part of a new first responder peer support initiative HICS has adopted in our new contract with Solution Point Plus. We want to ensure proper, confidential care for those whose occupation it is to care for others.

In order to continue to pursue a holistic and fully functioning system within the Heart of Iowa Region, HICS is committed to pushing providers within the region to pursue grants and other streams of funding so as not to rely solely on Regional funding as a backup. In doing so, HICS can continue to develop new services to enhance the Regional system.

HICS has been developing services which means our fund balance is well below the requirement of SF619 which changed the way MHDS Regions are funded. Regions went from a system based on county property taxes to a 100% State-funded system. For FY 2023, Regional fund balances are limited to 40.0% of the preceding fiscal year's actual expenditures (FY2022 fund balance certified on 12/1/2022). The dollar amount over 40% will be withheld from the remaining supplement payments to the region (January & April 2023). If the amount over 40% is more than the remaining supplement payment to the region, the region must pay the difference to the Department. For FY 2024, fund balances are limited to 20.0% (FY2023 fund balance certified on 12/1/2023). For FY 2025 and beyond, fund balances are limited to 5.0%.

What this means to HICS is the need to prioritize new services the region will develop. That is why we have begun to push hard for grant funding. We see the need for the fully realized system for our citizens and want to see the collaboration with law enforcement, crisis system, jail, and service providers continue.

## **H. Provider Reimbursement Provisions**

The following is a description of the types of funding used by Heart of Iowa Community Services Region.

- Fee for service: Heart of Iowa contracts with MHDS providers whose base of operation is within the region. Heart of Iowa may also honor contracts that other regions have with their local providers or may choose to contract with providers outside of the region. A contract may not be required with providers that provide one-time or as needed services. A fee for service approach will be utilized in most provider contracts outlining the services to be provided and the rate of reimbursement. All payments will be based on a pre-authorized request for service authorization with the exception of court ordered payments, such as civil commitment costs and crisis services.
- Block grant payments: This payment type is used when no other funding stream is available and startup costs are needed.
- Compensation for a “system of care” approach: System of Care funding is utilized when Medicaid is not available and multiple services are a part of the services being utilized.
- Use of nontraditional providers: When a non-traditional provider arrangement is more appropriate than a fee for service approach with a contracted provider, the Coordinators of Disability Services will work with the region’s CEO to request such arrangements. A non-traditional provider may be an individual, organization and/or business who delivers services in the consumer’s home and/or other community setting. Non-traditional providers typically are individuals, organizations, or businesses which do not provide MHDS services as a part of their normal business. These services are not to provide treatment but are supportive and may be rehabilitative in focus, and are initiated when there is a reasonable likelihood that such services will benefit the consumer’s functioning, assist them in maintaining community tenure, and act as an alternative way to achieve the consumer’s stated goals or outcomes. A request for funding can be made by any consumer, or the consumer’s authorized representative, to utilize non-traditional providers for services as approved in the Regional Management Plan. Non-traditional providers may be subject to certain licensing, certification, accreditation or other state approval standards.
- Incorporation of all funding sources for individuals including Medicaid: Heart of Iowa is responsible for ensuring that MHDS services are available to all residents of the region regardless of funding source. HICS will ensure that individuals apply for all funding sources prior to accessing regional funding, including private insurance, Medicaid, Medicare and other funding mechanisms which ensure that individuals and their families are able to optimally live, work, and recreate in integrated communities of their choice.
- Heart of Iowa Region may allow for a family unit to exceed the \$2000/\$3000 limit in admin rule for FY23 (331.393)(2.h.) when a child is in need of BHIS services and the child is not eligible for Medicaid and the family shows they are not able to fund the sliding fee scale.